



## 2018-19 Boys & Girls Junior Academy Programs



**12 - Under (2007 birth year)** Fall season training begins August 13<sup>th</sup> and run through November 29<sup>th</sup>. Spring season training begins January 21<sup>st</sup> and runs through May 2<sup>nd</sup>. Players train three times per week with their team coach and staff trainers for 1 hour and 20 minutes. Teams will play in the Carolinas Premier League or Coastal League in the fall and spring seasons. Teams will participate in 2-3 local and regional tournaments each season for additional competition.

\*\* All teams will participate in Summer Futsal at Elite Futsal Charleston starting June 1 running through July 31<sup>st</sup>.

**11 - Under (2008 birth year)** Fall season training begins August 13<sup>th</sup> and run through November 29<sup>th</sup>. Spring season training begins January 21<sup>st</sup> and runs through May 2<sup>nd</sup>. Players train three times per week with their team coach and staff trainers for 1 hour and 20 minutes. Teams will play in the Carolinas Premier League or Coastal League in the fall and spring seasons. Teams will participate in 2-3 local and regional tournaments each season for additional competition.

\*\* All teams will participate in Summer Futsal at Elite Futsal Charleston starting June 1 running through July 31<sup>st</sup>.

**10 - Under (2009 birth year)** Fall season training begins August 13<sup>th</sup> and run through November 29<sup>th</sup>. Spring season training begins January 21<sup>st</sup> and runs through May 2<sup>nd</sup>. Players train three times per week with their team coach and staff trainers for 1 hour and 20 minutes. Teams will play in the Carolinas Premier League or Coastal League in the fall and spring seasons. Teams will participate in 2-3 local and regional tournaments each season for additional competition.

\*\* All teams will participate in Summer Futsal at Elite Futsal Charleston starting June 1 running through July 31<sup>st</sup>.

**9 - Under (2010 birth year)** Fall season training begins August 13<sup>th</sup> and runs through November 29<sup>th</sup>. Spring season training begins January 21<sup>st</sup> and runs through May 2<sup>nd</sup>. Players train three times per week with their team coach and staff trainers for 1 hour.

The teams will play in Carolinas Premier League or Coastal League in the fall and spring seasons. In addition to regular season games, teams will participate in two local tournaments each season for additional competition.

\*\* All teams will participate in Summer Futsal at Elite Futsal Charleston starting June 1 running through July 31<sup>st</sup>.

**8 – Under (2011 birth year)** Fall season training begins August 20<sup>th</sup> and runs through November 29<sup>th</sup>. Spring season training begins January 28<sup>th</sup> and runs through May 2<sup>nd</sup>. U8 players will train two times a week with their team and staff trainers for 1 hour. The U8 teams will play in Carolinas Premier League or Coastal League in the fall and spring seasons. In addition to regular season games, teams will participate in one local tournament each season for additional competition.

\*\* All teams will participate in Summer Futsal at Elite Futsal Charleston starting June 1 running through July 31<sup>st</sup>.

**7 – Under (2012 birth year)** Fall season training begins September 10<sup>th</sup> and runs through November 15<sup>th</sup>. Spring season training begins February 11<sup>th</sup> and runs through April 25<sup>th</sup>. U7 players will train one time a week with staff trainers for 1 hour and play small sided games on Thursday evenings. Enrollment is limited to 32 players.